

Sports Medicine at the Rugby Sevens

2006 HONG KONG



Date:
MARCH 31, 2006 (Friday)

Venue:
Jockey Club Lecture Theatre, Olympic House
1 Stadium Path, So Kon Po, Causeway Bay, H.K.
(right next to Hong Kong Stadium,
venue of Rugby Sevens)

Tentative Schedule

Time	Topics	Speakers
0915 - 0930	Registration & Snacks	
0930 - 0940	Welcome Speech	Prof. KM Chan
Practising Rugby: How Should We Be Preparing & Protecting Ourselves?		
0940 - 1020	Preparing the Rugby Player for the Games - What are the elements?	Mr. Terry Hart
1020 - 1050	Nutrition & Rugby Performance	Miss Susan Chung
1050 - 1120	Anti-doping in Rugby Games - What should we know?	Dr. Yvonne Yuen
1120 - 1130	Tea Break	
1130 - 1200	Role of Team Physiotherapists in a Rugby Team	Mr. Matime Diale
1200 - 1230	Role of Team Doctor in a Rugby Team	Dr. David Owens
1230 - 1300	Epidemiology of Injury & injury Prevention in Elite Hong Kong Rugby Players.	Dr. Patrick Yung
1300 - 1345	Lunch	
Rugby Injuries: From Diagnosis to Treatment		
1345 - 1410	Medical on Field decision - a Team Physicians perspective from United Kingdom	Dr. Paul Lanfear
1410 - 1435	Imaging Rugby Injury - an aid to successful treatment	Prof. James Griffith
1435 - 1510	Injuries in professional Rugby players, a surgeon's perspective on diagnosis, treatment & return to play	Prof. Christer Rolf
1510 - 1525	Tea Break	
1525 - 1550	Concussions & Cervical Spine Injuries in Rugby	Dr. Raymond Yip
1550 - 1615	The Rugby Shoulder	Dr. YC Wun
1615 - 1640	Groin & Knee Injuries in Rugby	Dr. Wilson Li
1640	Adjourn	Prof. James Griffith

This Sports Medicine and Sports Science Symposium is designed to be of interest to all the health-care professionals who are interested in and participating in Sports Medicine and Sports Science.

The Symposium will be held in the Sports House on the opening day (March 31, 2006) leading up the start of the Rugby Sevens 2006 - A truly remarkable occasion.

Speakers include renowned scholars and practitioners in the field who have a wealth of experience in diagnosing and treating sports injuries. This is essentially an invaluable opportunity for those who are interested in Sports Medicine and Sports Science, both local and overseas to get together, exploring the latest knowledge in the specialty and sharing their views and opinions.

The program featuring "Practising Rugby: How Should we Preparing and Protecting Ourselves?" and "Rugby Injuries: From Dignosis to Treatment" covers a wide range of topical issues such as Fitness Profiling, Nutrition & Rugby Performance, Injury Prevention & Reduction, Discovering Injured Rugby Player with Imaging Techniques and much more...

It promises to be a great meeting. Don't forget to mark March 31, 2006 in your diary. Do come and join us! We look forward to meeting you in March.

James Griffith
CUHK

KM Chan
CUHK

CME, CNE, CPD and CE
application is pending for approval



Website:
<http://www.cuhk.edu.hk/whoctr/rugby2006>

Date:

MARCH 31, 2006 (Friday)

Venue:

Jockey Club Lecture Theatre, Olympic House
1 Stadium Path, So Kon Po, Causeway Bay, H.K.
(right next to Hong Kong Stadium,
venue of Rugby Sevens)

Speakers:

Executive Director of Sheffield Centre of Sports Medicine
Prof. Christer Rolf (UK)

Head of Musculoskeletal Radiology Team, CUHK
Prof. James Griffith (HK)

Team Physician for Leeds Rhinos, UK
World Champions and Super League Winners
Dr. Paul Lanfear (UK)

Honoury Medical Advisor of HK Rugby Football Union
Dr. David Owens (HK)

Team Physiotherapists of South Africa Rugby Team
Mr. Matime Diale (SA)

Sport Biochemist of HK Sports Institute
Dr. Yvonne Yuen (HK)

Sports Nutritionist of HK Sports Institute
Miss Susan Chung (HK)

Orthopaedic Surgeons
Dr. Wilson Li (HK), Dr. Y.C. Wun (HK)
Dr. Raymond Yip (HK), Dr. Patrick Yung (HK)

Topics:

Practising Rugby: How Should We Preparing & Protecting Ourselves?
Rugby Injuries: From Dignosis to Treatment

Aimed at:

Anyone with an interest in Sports Medicine
All Allied-Health Professionals

Organizers:

The Chinese University of Hong Kong
Dept of Diagnostic Radiology and Organ Imaging
Dept of Orthopaedics and Traumatology
CUHK-WHO Collaborating Centre for Sports Medicine and Health Promotion

Supported by:

International Federation of Sports Medicine



FURTHER INFORMATION:

Miss Stella Leung / Miss Po-yea Tong

Tel: 26461477 / 2632 2798

Email: stellaleung@ort.cuhk.edu.hk / poyee@ort.cuhk.edu.hk

Registration Form
Sports Medicine at the Rugby Sevens 2006
March 31, 2006 (Friday)

Name: _____

Last name

First Name

Title: Prof/ Dr/ Mr/ Ms/ Miss*

Position: _____

Institution: _____

Country: _____

Address: _____

Tel: () _____ Fax: () _____

Email: _____

Where do you hear from us?

- CUHK PolyU HKBU PFA Rugby Union HK Physiotherapists Union
 HK Physiotherapy Association HKSI Oasis Private Clinics Advertisement
 Others: _____

(Please ✓ as appropriate)

General Participant HK\$450 / US\$60

Students HK\$150

Payment

Please mail your application together with your crossed cheque payable to **The Chinese University of Hong Kong** to *Dept. of Orthopaedics and Traumatology, Rm. 74029, 5/F Clinical Sciences Building, Prince of Wales Hospital, Shatin, N.T., Hong Kong*, on or before **March 15, 2006**.

If you are using credit card payment, please complete Credit Card Payment Authorisation section below and send the form to us by fax at (852) 2646 3020.

Credit Card Payment of Registration Fee

I hereby authorize the **Chinese University of Hong Kong** to debit the following credit card in the total amount indicated below for payment of the registration fee for the above-mentioned person.

Paying Cardmember Name : _____ (as shown on card)

Paying Card Number : _____ Expiry Date : _____

VISA 

MasterCard 

Total Amount to be debited : **HK\$** _____

Paying Cardmember Contact: Tel.: () _____

Fax: () _____

Authorized Signature : _____ (as shown on card)

Date: _____

Deadline for registration: March 15, 2006

Sports Medicine

at the Rugby Sevens

2006

HONG KONG
MARCH 31, 2006 (Friday)

ORGANIZERS:

The Chinese University of Hong Kong
Department of Diagnostic Radiology and Organ Imaging
Department of Orthopaedics and Traumatology
CUHK-WHO Collaborating Centre for Sports Medicine and Health Promotion

SUPPORTED BY:

International Federation of Sports Medicine

FEATURING TOPICS:

Practicing Rugby: How Should We be Preparing & Protecting Ourselves?
Rugby Injuries: From Diagnosis to Treatment

TARGET PARTICIPANTS:

Anyone with an interest in Sports Medicine
All Allied Health Professionals



VENUE:

Jockey Club Lecture Theatre, Olympic House
1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong
(right next to Hong Kong Stadium, venue of HK Sevens)

Application Deadline:
March 15, 2006

FURTHER INFORMATION:

Website: <http://www.cuhk.edu.hk/whoctr/rugby2006>

Miss Stella Leung / Miss Po-yee Tong

Tel: 26461477 / 2632 2798

Email: stellaleung@ort.cuhk.edu.hk

poyee@ort.cuhk.edu.hk

CME, CNE, CPD and CDE
application is pending for approval

